

I n f e r t i l i t y



What is Male Infertility?

Male infertility is a term used to describe the inability of a male to fertilize his female partner after more than a year of regular unprotected sexual intercourse.

What causes Male Infertility?

To fertilize the female egg (ovum), healthy sperm have to be produced by the testicles, and travel along the tubes (vas deferens and urethra) connecting the testes to the opening at the tip of the penis. Then they must be propelled into the female vagina by ejaculation, and be sufficiently mobile to continue to travel up the female reproductive tract until the ovum is reached. Male infertility can be the result of a problem at any point along its route.

The testicles may not produce sperm. This may be due to a congenital problem, a previous infection like the mumps, exposure to radiation, a hormone deficiency or trauma. The sperm may be insufficient or of poor quality and so not survive the journey. The route may be interrupted by vasectomy, or by an anatomical abnormality, or infections such as gonorrhoea may block the vas deferens. In other cases impotence may prevent successful intercourse or there may be a problem with ejaculation. The female may also be providing antibodies to the sperm.

How is Male Infertility diagnosed?

One of the first investigations undertaken for a couple complaining of infertility is semen analysis. Fresh semen is examined under the microscope, and the presence and quality of sperm are assessed. The complete absence of sperm (zoosperm) confirms male infertility. A vasectomy may be reversed by an operation, although success is not guaranteed. Also, tubes blocked by infection may occasionally be reopened. Oligospermia means there are sperm present in the ejaculate, but have reduced numbers and quality. Intercourse at regular three to four time intervals can also improve sperm production. Sperm prefer a lower temperature to the rest of the body - hence the siting of the testicles outside the abdomen. Avoidance of hot baths, and the wearing of loose trousers and boxer shorts can improve the sperm count; so too can stopping smoking and cutting down on alcohol.

What are the chances of achieving pregnancy?

One in 10 couples is infertile. Of these the cause lies with the female in 30% of cases, the male in another 30% and, in the remaining 40%, there is either a combination of factors or no cause is ever found. In male infertility, correction of a specific problem is successful in around 50% of cases. However, in many instances of male infertility, no specific problem can be identified other than poor sperm quality.

TCM Drug Free Pain Control

Acupuncture works in a preventative capacity as well as dealing with the problem initially. The following regime is always followed, but each type of ailment is unique to the individual and so will be treated according to the individual cause.

- All treatments take into consideration the psychological effect the ailment has on you and your lifestyle
- Acupuncture
- Herbs which are prescribed in pill or raw form depending on the individual palate and case
- Cupping/Moxibustion
- Massage
- Exercise
- Dietary advice

What a relief! A drugless alternative to the ailment you have been experiencing. And it has been proven for thousands of years. TCM works because it establishes your body's equilibrium by correcting your energy imbalances.

TCM works in a curative and preventative manner. Incidentally, the frequency and duration of your treatment will vary according to your individual condition. Generally speaking, the longer a patient has had a particular condition, the longer it will take to treat.

TCM has a strong sense of commitment and purpose to each patient; this is why we are the only clinic offering one-hour treatments with each appointment and an extremely high success rate.

If we can be of further assistance please do not hesitate to call.

masters of TCM Pty Ltd

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