

# T i n n i t u s



Tinnitus is a perception of a sound in the ears or head when no external sound source is actually present. The sound is usually of ringing, but it may also be a buzzing, roaring, whistling or hissing noise. It may also vary in its quality and intensity at different times. It is very common, affecting up to one in six of the adult population. Those with normal hearing as well as the deaf or hard of hearing may be affected.

## **Causes of Tinnitus**

There are a number of situations, which can cause damage, or over stimulation of tiny hair cells in the inner ear. This results in an irregular series of nerve impulses being sent to the brain, which are then perceived as tinnitus. Major reasons for this occurring are hearing disorders associated with aging, and exposure to loud noise. The condition can also develop following an emotional upset or an illness, injury or infection, which may or may not be related to the hearing mechanism. Tinnitus can also appear as a side effect of or reaction to some types of drugs.

## **How is Tinnitus is diagnosed?**

Many causes of tinnitus are already solved by simply cleaning out the ear. It may be that you need to stop taking, or reduce intake of, certain drugs, such as aspirin or quinine. Although damaged inner hair cells cannot be replaced; it is usually possible to reduce the distress caused by tinnitus.

## **TCM Drug Free Pain Control**

Acupuncture works in a preventative capacity as well as dealing with the problem initially. The following regime is always followed, but each type of ailment is unique to the individual and so will be treated according to the individual cause.

- All treatments take into consideration the psychological effect the ailment has on you and your lifestyle
- Acupuncture
- Herbs which are prescribed in pill or raw form depending on the individual palate and case
- Local laser to treat tender spots occurring in the regional anatomy
- Electro-acupuncture therapy
- Cupping/Moxibustion
- Massage
- Exercise
- Dietary advice

What a relief! A drugless alternative to the pain you have been experiencing. And it has been proven for thousands of years. TCM works because it establishes your body's equilibrium by correcting your energy imbalances.

TCM works in a curative and preventative manner. Incidentally, the frequency and duration of your treatment will vary according to your individual condition. Generally speaking, the longer a patient has had a particular condition, the longer it will take to treat.

TCM has a strong sense of commitment and purpose to each patient; this is why we are the only clinic offering one-hour treatments with each appointment and an extremely high success rate.

If we can be of further assistance please do not hesitate to call.

*masters of TCM Pty Ltd*

A.B.N. 22 074 633 211

435 Riversdale Road Hawthorn East Vic 3123 Phone 9882 2255 [www.mastersoftcm.com.au](http://www.mastersoftcm.com.au)